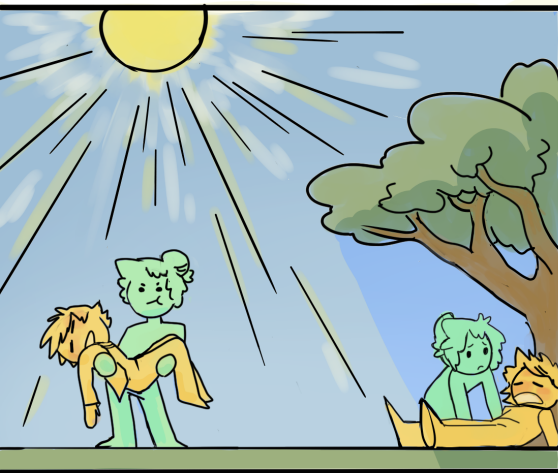


# Heat Stroke Comic



Symptoms of heatstroke are: red skin (either dry or moist), changes in consciousness, a rapid, weak pulse, and rapid, shallow breathing.



Move the person to a cool, shady place.

Loosen or remove any unnecessary clothing and help the person cool down.



If conscious, give them small amounts of water, about 4 oz every 15 minutes.



How to tell if the person is getting worse →

- refusing water
- vomitting
- having many changes in consciousness